



**Tremaine**  
THE DANCE EXPERIENCE SINCE 1981  
Original  
**NASHVILLE**  
2025-26 WINTER CONVENTION & SEMI-FINALS COMPETITION  
- APRIL 24-26, 2026 -

1981-2026  
45<sup>th</sup>  
ANNIVERSARY  
"Dance Training is Life Training" Joe Tremaine

**TERRY**  
EXECUTIVE PRODUCER

**KERI**  
**EMILY**  
**JOSH**  
**ANGELA**  
**AARON**  
**CYRUS**  
**JAKOB**

@TREMAINEDANCE #TEAMTREMINE #TREMINE45

| FRIDAY April 24, 2026 |  |
|-----------------------|--|
| 5:00p                 | <b>COMPETITION Live &amp; Live Streaming at <a href="https://www.tremainedance.com">tremainedance.com</a></b><br>Pre-Teen, Teen & Senior Solo Entries + Awards (Approx. 9:15p) |
| 5:00 - 7:00p          | Registration - Teacher Registration Kit Pick Up and Observer Promo Wristband Pick Up   |

| SATURDAY 25, 2026                       |  |  |   |  |
|---|--|--|---|--|
| 6:30 - 10:00a                           | Registration   |  |   |  |
|   | Teachers/Minis   | Seniors/Teens  | Teens/Juniors   | The Forum  |
|   | TEACHERS (Entry to all rooms)<br>NO Observers<br>MINI STUDENTS (Ages 5-7, Purple Wristbands + Mini Chaperones)   | SENIOR & TEEN STUDENTS (Ages 15 & Up, Blue Wristbands) (Ages 13 & 14, Yellow Wristbands)<br>Entry to Senior/Teen Classroom ONLY + Paid & Promo Observers | TEEN & JUNIOR STUDENTS (Ages 11-12, Yellow Wristbands) (Ages 7-10, Orange Wristbands)<br>Entry to Teen/Junior Classroom ONLY + Paid & Promo Observers | PARENTS Entry to Parent Forum ONLY, No Wristband needed.<br>TEACHERS Entry to Teacher Forum & Classes ONLY (NO Parent Forum) |
| 7:30 - 8:30                             | STRETCH & STRENGTH<br>Keri LaGrand   | JAZZ TECH/COMBO<br>Jakob Karr  | BALLET TECH/COMBO<br>Emily Zachary  |  |
| 8:30 - 9:30                             | GOOD TIMES ROLL<br>Terry Lindholm  | BALLET TECH/COMBO<br>Emily Zachary   | TAP<br>Angela Carter  |  |
| 9:30 - 10:30                            | MUSICAL THEATER<br>Josh Bergasse   | JAZZ FUSION<br>Aaron Czuprenski  | ANIMATION/HIP HOP<br>Cyrus Spencer  |  |
| 10:30 - 11:30<br>10:30a (MINI Check In) | LUNCH  | SENIOR AUDITION (Blue Numbers, Reg. Ages 16+)<br>LUNCH   | TEEN AUDITION (Green Numbers, Reg. Ages 14-15)<br>LUNCH   | LUNCH  |
| 11:00 - 11:45<br>MINI CLASS             | TAP<br>Angela Carter   |  |   |  |
| 11:30 - 12:30                           |  | MUSICAL THEATER<br>Josh Bergasse   | LATIN JAZZ<br>Keri LaGrand  |  |
| 11:45 - 12:30<br>MINI CLASS             | MUSICAL THEATER<br>Jakob Karr  |  |   |  |
| 12:30 - 1:30                            |  | ANIMATION/HIP HOP<br>Cyrus Spencer   | COMMERCIAL JAZZ<br>Aaron Czuprenski   |  |
| 12:30 - 1:15<br>MINI CLASS              | JAZZ<br>Logan Patterson  |  |   |  |
| 1:30 - 2:00                             |  |  | FREESTYLE FACE-OFF<br>Teen & Senior Dancers (Ages 11 & Up)  |  |
| 3:00p                                   | <b>COMPETITION Live &amp; Live Streaming at <a href="https://www.tremainedance.com">tremainedance.com</a></b><br>Junior Solo-Prod & Pre-Teen Duo/Trio-Prod. Entries + Awards (Approx. 7:00p) and Teen & Senior Duo/Trio-Prod Entries + Awards (Approx. 11:00p) |  |   |  |

| SUNDAY April 26, 2026       |  |   |   |   |
|-----------------------------|--|---|---|---|
| 7:00 - 10:00a               | Registration   |   |   |   |
|                             | Teachers/Minis   | Seniors/Teens                                 | Teens/Juniors                                       | The Forum                                   |
| 8:00 - 9:00                 | JUNIOR AUDITION (Orange Numbers, Reg. Ages 7-10)   | CROSS TRAINING<br>Emily Zachary (+14 Yr Olds) | PRE-TEEN AUDITION (Yellow Numbers, Reg. Ages 11-13) |   |
| 9:00 - 10:00                | JAZZ PROGRESSIONS<br>Aaron Czuprenski  | TAP<br>Angela Carter                          | LYRICAL JAZZ<br>Jakob Karr                          | PARENT FORUM<br>Parents ONLY (NO Teachers)  |
| 10:00 - 11:00               | TAP<br>Angela Carter   | CONTEMPORARY<br>Keri LaGrand                  | ANIMATION/HIP HOP<br>Cyrus Spencer                  |   |
| 11:00 - 12:00               | LUNCH  | LUNCH   | LUNCH   | TEACHER FORUM<br>Teachers ONLY (NO Parents) |
| 11:00 - 11:45<br>MINI CLASS | BALLET<br>Emily Zachary  |   |   |   |
| 12:00 - 1:00                |  | JAZZ<br>Jakob Karr                            | MUSICAL THEATER<br>Josh Bergasse                    |   |
| 11:45 - 12:30<br>MINI CLASS | HIP HOP<br>Cyrus Spencer   |   |   |   |
| 1:00 - 1:45                 |  | MUSICAL THEATER<br>Josh Bergasse              | COMMERCIAL JAZZ<br>Aaron Czuprenski                 |   |
| 12:30 - 1:15<br>MINI CLASS  | LYRICAL JAZZ<br>Keri LaGrand   |   |   |   |
| 1:15                        | REVIEW + SHOWCASE  |   |   |   |
| 2:00p                       | <b>FACULTY SHOW AND SCHOLARSHIP ANNOUNCEMENTS - Live &amp; Live Streaming at <a href="https://www.tremainedance.com">tremainedance.com</a></b> |   |   |   |

\*Heels Optional. Schedule Subject to Change - Faculty Varies from City to City. #854 - 04212026  
More Information & Competition Lineups visit <https://www.tremainedance.com/winter-2025-26/nashville-tn/>  
\*\*\*Please read the "WHAT TO EXPECT" information sheet by using your camera to scan the QR code\*\*\*  
[www.tremainedance.com](https://www.tremainedance.com) - 800-832-2050

