

Tremaine
THE DANCE EXPERIENCE SINCE 1981
Original
TULSA
2025-26 WINTER CONVENTION & SEMI-FINALS COMPETITION
- MARCH 20-22, 2026 -

1981-2026
ANNIVERSARY
"Dance Training is Life Training"
Joe Tremaine

TERRY
EXECUTIVE PRODUCER

KERI
EMILY
ANGELA
JAWKEEN
AARON
CYRUS
JAKOB

@TREMAINEDANCE #TEAMTREMINE #TREMINE45

FRIDAY March 20, 2026	
4:00p	COMPETITION Live & Live Streaming at tremainedance.com Pre-Teen Solo Entries + Awards (Approx. 7:00p) and Teen & Senior Solo Entries + Awards (Approx. 10:00p)
5:00 - 7:00p	Registration - Teacher Registration Kit Pick Up and Observer Promo Wristband Pick Up

SATURDAY March 21, 2026					
6:30 - 10:00a	Registration				
	Teacher/Mini	Senior	Teen	Junior	Forum
	TEACHERS Entry to all rooms. No Observers. MINI STUDENTS (Ages 5-7, Green Wristbands) + Mini Chaperones	SENIOR STUDENTS (Ages 15 & Up, Blue Wristbands) Entry to Senior Room ONLY + Paid Observers	TEEN STUDENTS (Ages 11-14, Yellow Wristbands) Entry to Teen Room ONLY + Paid Observers	JUNIOR STUDENTS (Ages 7-10, Orange Wristbands) Entry to Junior Room ONLY + Paid Observers	PARENTS Entry to Parent Forum ONLY, No Wristband needed. TEACHERS Entry to Teacher Forum & Classes ONLY (NO Parent Forum)
7:30 - 8:30	STRETCH & STRENGTH Keri LaGrand	WARM UP/THEATER Jakob Karr	BALLET TECH/COMBO Emily Zachary	JAZZ TECH/COMBO Aaron Czuprenski	
8:30 - 9:30	GOOD TIMES ROLL Terry Lindholm	BALLET TECH/COMBO Emily Zachary	THEATER DANCE Jakob Karr	TAP Angela Carter	
9:30 - 10:30	TAP Angela Carter	JAZZ FUSION Aaron Czuprenski	ANIMATION Cyrus Spencer	BALLET TECH/COMBO Emily Zachary	
10:30 - 11:30 10:30a (MINI Check In)	LUNCH	SENIOR AUDITION (Blue Numbers, Reg. Age 16+) LUNCH	TEEN AUDITION (Green Numbers, Reg. Age 14-15) LUNCH	LUNCH	
11:00 - 11:45 MINI CLASS	TAP Angela Carter				
11:30 - 12:30		HIP HOP Jawkeen Howard	JAZZ FUSION Aaron Czuprenski	ANIMATION Cyrus Spencer	
11:45 - 12:30 MINI CLASS	LYRICAL JAZZ Keri LaGrand				
12:30 - 1:30		ANIMATION Cyrus Spencer	HIP HOP Jawkeen Howard	LATIN JAZZ Keri LaGrand	
12:30 - 1:15 MINI CLASS	MUSICAL THEATER Jakob Karr				
1:30 - 2:00		FREESTYLE FACE-OFF Teen & Senior Dancers ONLY			
3:00p	COMPETITION Live & Live Streaming at tremainedance.com All Junior Entries + Awards (Approx. 7:00p) and Pre-Teen, Teen & Senior Duo/Trio-Prod. Entries + Awards (Approx. 11:15p)				

SUNDAY March 22, 2026					
7:00 - 10:00a	Registration				
	Teacher/Mini	Senior	Teen	Junior	Forum
8:00 - 9:00		CROSS TRAINING (+14 Yr Olds) Emily Zachary	PRE-TEEN AUDITION (Yellow Numbers, Reg. Age 11-13)	JUNIOR AUDITION (Orange Numbers, Reg. Age 7-10)	
9:00 - 10:00	JAZZ PROGRESSIONS Aaron Czuprenski	THEATER DANCE Jakob Karr	TAP Angela Carter	LYRICAL JAZZ Keri LaGrand	PARENT FORUM Parents ONLY (NO Teachers)
10:00 - 11:00	THEATER DANCE Jakob Karr	TAP Angela Carter	LYRICAL JAZZ Keri LaGrand	HIP HOP Jawkeen Howard	
11:00 - 12:00	LUNCH	LUNCH	LUNCH	LUNCH	TEACHER FORUM Teachers ONLY (NO Parents)
11:00 - 11:45 MINI CLASS	BALLET TECH/COMBO Emily Zachary				
12:00 - 1:00		CONTEMPORARY Keri LaGrand	ANIMATION Cyrus Spencer	MUSICAL THEATER Jakob Karr	
11:45 - 12:30 MINI CLASS	HIP HOP Jawkeen Howard				
1:00 - 1:45		ANIMATION Cyrus Spencer	HIP HOP Jawkeen Howard	COMMERCIAL JAZZ Aaron Czuprenski	
12:30 - 1:15 MINI CLASS	JAZZ Logan Patterson				
1:15 - 1:45 MINI CLASS	REVIEW & SHOWCASE				
2:00p	SCHOLARSHIP ANNOUNCEMENTS AND FACULTY SHOW - Live & Live Streaming at tremainedance.com				

*Heels Optional. Schedule Subject to Change - Faculty Varies from City to City. #850 - 03172026b
More Information & Competition Lineups visit <https://www.tremainedance.com/winter-2025-26/tulsa-ok/>
Please read the "WHAT TO EXPECT" information sheet by using your camera to scan the QR code

TREMINE DANCE CONVENTIONS & COMPETITIONS
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