



**Tremaine**  
THE DANCE EXPERIENCE SINCE 1981  
Original  
**GREENSBORO**  
2025-26 WINTER CONVENTION & SEMI-FINALS COMPETITION  
- MARCH 6-8, 2026 -

1981-2026  
ANNIVERSARY  
"Dance Training is Life Training"  
Joe Tremaine

**TERRY**  
EXECUTIVE PRODUCER

**KERI**  
**EMILY**  
**ANGELA**  
**JAWKEEN**  
**AARON**  
**CYRUS**

@TREMAINEDANCE #TEAMTREMAINE #TREMAINE45

FRIDAY March 6, 2026	
4:00p	<b>COMPETITION Live &amp; Live Streaming at <a href="http://tremainedance.com">tremainedance.com</a></b> Pre-Teen, Junior & Teen Solo Entries + Awards (Approx. 8:15p)
5:00 - 7:00p	Registration - Teacher Registration Kit Pick Up and Observer Promo Wristband Pick Up

SATURDAY March 7, 2026				
6:30 - 10:00a	Registration			
	Teachers/Minis	Seniors/Teens	Teens/Juniors	The Forum
	TEACHERS (Entry to all rooms) NO Observers MINI STUDENTS (Ages 5-7, Purple Wristbands + Mini Chaperones)	SENIOR & TEEN STUDENTS (Ages 15 & Up, Blue Wristbands) (Ages 13 & 14, Yellow Wristbands) Entry to Senior/Teen Classroom ONLY + Paid & Promo Observers	TEEN & JUNIOR STUDENTS (Ages 11-12, Yellow Wristbands) (Ages 7-10, Orange Wristbands) Entry to Teen/Junior Classroom ONLY + Paid & Promo Observers	PARENTS Entry to Parent Forum ONLY, No Wristband needed. TEACHERS Entry to Teacher Forum & Classes ONLY (NO Parent Forum)
7:30 - 8:30	STRETCH & STRENGTH Keri LaGrand	WARM-UP/JAZZ FUSION Aaron Czuprenski	BALLET TECH/COMBO Emily Zachary	
8:30 - 9:30	GOOD TIMES ROLL Terry Lindholm	BALLET TECH/COMBO Emily Zachary	TAP Angela Carter	
9:30 - 10:30	GROOVES Jawkeen Howard	CONTEMPORARY Keri LaGrand	COMMERCIAL JAZZ Aaron Czuprenski	
10:30 - 11:30 10:30a (MINI Check In)	LUNCH	SENIOR / TEEN AUDITION (Blue Numbers, Reg. Ages 16+) (Green Numbers, Reg. Ages 14-15) LUNCH	LUNCH	LUNCH
11:00 - 11:45 MINI CLASS	TAP Angela Carter			
11:30 - 12:30		HIP HOP Jawkeen Howard	ANIMATION Cyrus Spencer	
11:45 - 12:30 MINI CLASS	BALLET Emily Zachary			
12:30 - 1:30		ANIMATION Cyrus Spencer	LATIN JAZZ Keri LaGrand	
12:30 - 1:15 MINI CLASS	HIP HOP Jawkeen Howard			
1:30 - 2:00			FREESTYLE FACE-OFF Teen & Senior Dancers (Ages 11 & Up)	
3:00p	<b>COMPETITION Live &amp; Live Streaming at <a href="http://tremainedance.com">tremainedance.com</a></b> Junior & Pre-Teen Duo/Trio-Prod. Entries + Awards (Approx. 5:45p) and Teen Duo/Trio-Prod. & Senior Solo-Prod Entries + Awards (Approx. 10:00p) *****Reminder: "SPRING FORWARD" Please adjust your clocks forward (1) One Hour*****			

SUNDAY March 8, 2026				
7:00 - 10:00a	Registration			
	Teachers/Minis	Seniors/Teens	Teens/Juniors	The Forum
8:00 - 9:00	HIP HOP (14 & Up) Jawkeen Howard	PRE-TEEN AUDITION (Yellow Numbers, Reg. Ages 11-13)	JUNIOR AUDITION (Orange Numbers, Reg. Ages 7-10)	
9:00 - 10:00	JAZZ PROGRESSIONS Aaron Czuprenski	TAP Angela Carter	MUSICAL THEATER Emily Zachary	PARENT FORUM Parents ONLY (NO Teachers)
10:00 - 11:00	TAP Angela Carter	MUSICAL THEATER Emily Zachary	LYRICAL JAZZ Keri LaGrand	
11:00 - 12:00	LUNCH	LUNCH	LUNCH	TEACHER FORUM Teachers ONLY (NO Parents)
11:00 - 11:45 MINI CLASS	ANIMATION Cyrus Spencer			
12:00 - 1:00		JAZZ FUSION Aaron Czuprenski	HIP HOP Jawkeen Howard	
11:45 - 12:30 MINI CLASS	LYRICAL JAZZ Keri LaGrand			
1:00 - 1:45		ANIMATION Cyrus Spencer	COMMERCIAL JAZZ Aaron Czuprenski	
12:30 - 1:15 MINI CLASS	THEATER JAZZ Logan Patterson			
1:15	REVIEW + SHOWCASE			
2:00p	<b>FACULTY SHOW AND SCHOLARSHIP ANNOUNCEMENTS - Live &amp; Live Streaming at <a href="http://tremainedance.com">tremainedance.com</a></b>			

\*Heels Optional. Schedule Subject to Change - Faculty Varies from City to City. #848 - 03032026  
More Information & Competition Lineups visit <https://www.tremainedance.com/winter-2025-26/greensboro-nc/>  
\*\*\*Please read the "WHAT TO EXPECT" information sheet by using your camera to scan the QR code\*\*\*  
[www.tremainedance.com](http://www.tremainedance.com) - 800-832-2050

