

Tremaine

2023-24 WINTER CONVENTION & SEMI-FINALS COMPETITION

ST. LOUIS

- MARCH 1-3, 2024 -

@TREMAINEDANCE #TEAMTREMINE #YOUHAVETOEARNTIT TREMAINEDANCE.COM

YOU HAVE TO EARN IT

SINCE 1981

KERI

LAURIE

DERRICK

TIFFANY

TONY

EMILY

CHRISTINA

FRIDAY March 1, 2024

3:30p	COMPETITION Live & Live Streaming at tremainedance.com Pre-Teen & Junior Solos + Awards (Est 6:30p) and Teen & Senior Solos + Awards (Est 9:15p)
6:00 - 8:00p	Registration - Teacher Registration Kit Pick Up and Observer Promo Wristband Pick Up

SATURDAY March 2, 2024

6:30 - 10:00a	Registration				
	Teachers/Minis	Seniors	Teens	Juniors	The Forum
	TEACHERS Entry to all rooms. No Observers. MINI STUDENTS (Ages 5-7, Aqua Wristbands) + Mini Chaperones	SENIOR STUDENTS (Ages 15 & Up, Gold Wristbands) Entry to Senior Room ONLY + Paid & Promo Observers	TEEN STUDENTS (Ages 11-14, Grape Wristbands) Entry to Teen Room ONLY + Paid & Promo Observers	JUNIOR STUDENTS (Ages 7-10, Green Wristbands) Entry to Junior Room ONLY + Paid & Promo Observers	PARENTS Entry to Parent Forum ONLY. No Wristband needed. TEACHERS Entry to Teacher Forum & Classes ONLY (NO Parent Forum)
7:15 - 8:30	WELCOME/WARM UP STRETCH & STRENGTH Keri LaGrand	WELCOME/WARM UP COMMERCIAL JAZZ Tiffany Maher	WELCOME/WARM UP BALLET TECH/COMBO Emily Zachary	WELCOME/WARM UP BOOGIE Christina Grady	
8:30 - 9:30	TAP RUDIMENTS Laurie Johnson	BALLET TECH/COMBO Emily Zachary	JAZZ FUNK Christina Grady	POP JAZZ Derrick Schrader	
9:30 - 10:30	BOOGIE Christina Grady	JAZZ + AUD COMBO Keri LaGrand	HIP HOP Tony Bellissimo	BALLET TECH/COMBO Emily Zachary	
10:30 - 11:30 10:30a (MINI Check In)	LUNCH	SENIOR (Gold Wristbands) SCHOLARSHIP AUDITION LUNCH	LUNCH	LUNCH	LUNCH
11:15 - 12:00 MINI CLASS	JAZZ Tiffany Maher				
11:30 - 12:30		JAZZ FUSION Derrick Schrader	RHYTHM TAP Laurie Johnson	HIP HOP Tony Bellissimo	
12:00 - 12:45 MINI CLASS	LYRICAL JAZZ Keri LaGrand				
12:30 - 1:30		HIP HOP Tony Bellissimo	JAZZ FUSION Derrick Schrader	COMMERCIAL JAZZ Tiffany Maher	
12:45 - 1:30 MINI CLASS	TAP Laurie Johnson				
3:00p	COMPETITION Live & Live Streaming at tremainedance.com Junior & Pre-Teen Duo/Trio-Pros + Awards (Est 7:00p) and Teen & Senior Duo/Trio-Pros + Awards (Est 10:45p)				

SUNDAY March 3, 2024

7:00 - 10:00a	Registration				
	Teachers/Minis	Seniors	Teens	Juniors	The Forum
8:00 - 9:00		Q&A Terry Lindholm	TEEN (Grape Wristbands) SCHOLARSHIP AUDITION	JUNIOR (Green Wristbands) SCHOLARSHIP AUDITION	
9:00 - 10:00	JAZZ FUSION Derrick Schrader	CONTEMPORARY Keri LaGrand	COMMERCIAL JAZZ Tiffany Maher	MUSICAL THEATER Emily Zachary	PARENT FORUM Parents ONLY (NO Teachers)
10:00 - 11:00	PROGRESSIONS/LYRICAL Tiffany Maher	RHYTHM TAP Laurie Johnson	HIP HOP Tony Bellissimo	LYRICAL JAZZ Keri LaGrand	
11:00 - 12:00	LUNCH	LUNCH	LUNCH	LUNCH	TEACHER FORUM Teachers ONLY (NO Parents)
11:15 - 12:00 MINI CLASS	BALLET Emily Zachary				
12:00 - 1:00	***TEACHER CLASS IN FORUM ROOM***	JAZZ FUNK Christina Grady	LYRICAL JAZZ Keri LaGrand	TAP Laurie Johnson	INJURY PREVENTION Emily Zachary (Teachers ONLY)
12:00 - 12:45 MINI CLASS	HIP HOP Tony Bellissimo				
1:00 - 1:45		HIP HOP Tony Bellissimo	JAZZ FUSION Derrick Schrader	BOOGIE Christina Grady	
12:45 - 1:45 MINI CLASS	MUSICAL THEATER & SHOWCASE Tiffany Maher				
2:00p	FACULTY SHOW AND SCHOLARSHIP ANNOUNCEMENTS - Live & Live Streaming at tremainedance.com				

*Heels Optional. Schedule Subject to Change - Faculty Varies from City to City. #795 02272024B
 More Information & Competition Lineups visit <https://www.tremainedance.com/winter-2023-24/st-louis-mo/>
 Please read the "WHAT TO EXPECT" information sheet by using your camera to scan the QR code

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